UNITED KINGDOM
Sail the Channel Islands

Duration: 4 days / 3 nights aboard
Trip Grade: Moderate
Dates:

12 – 15 May 2010	**11 – 14 May 2011**
7 – 10 Jul 2010	**6 – 9 Jul 2011**
8 – 11 Sep 2010	**7 – 10 Sep 2011**

Payment Options:	**2010**	**2011**
Self Payment Registration Fee	£99	£99
Trip Cost	£480	£500
Fundraising Registration Fee	£99	£99
Min. Fundraising Target	£1200	£1250

Sail across the Channel on *Musketeer*, a classic 46ft racing yawl. Built in 1962, she has the sleek lines of a classic racing boat and cuts through the waves with ease! Departing from her home port of Poole, *Musketeer* is a very seaworthy boat and takes the passage to the Channel Islands in her stride, giving you the opportunity to experience life at sea.

You will be involved in all aspects of life aboard, from changing the sails and helming to navigation and keeping the crew supplied!

ITINERARY

Day 1: Familiarisation Sail

We meet our skipper and mate in Poole and board *Musketeer*, our home for the next 4 days. We spend some time familiarising ourselves aboard before leaving port and making our way out of Poole harbour. There's a lot to learn on the first day as we start to work together as a team, sailing the boat and getting our sea legs! We anchor outside Poole harbour for the night and prepare our passage for the next day. We eat and sleep onboard and are rocked to sleep by gentle waves in the bay.

Day 2: English Channel – Channel Islands

We weigh anchor and set off across the English Channel at first light, now revelling in our new skills and team-work. As we become more experienced at working the boat we split into 'watches,' taking turns to helm and navigate while the rest of the crew keeps the boat shipshape, prepares meals and relaxes! Each watch is led by one of the Discover Adventure crew and, by rotating watches, everyone gets the chance to take on different roles aboard.

The passage to the Channel Islands will take us all day and we will see many other boats as we cross one of the busiest stretches of water in the world! If you keep a really good lookout we might be lucky and see some marine life as well; it's not unusual to see dolphins, seals and large shoals of fish in these waters! We arrive in Guernsey in the evening and spend some time in port, celebrating our crossing and re-living the day's challenges before returning to *Musketeer* and our bunks.

Day 3: English Channel – Channel Islands

After a relaxed start we have breakfast onboard before leaving port and making our way out into the waters around the Channel Islands; depending on conditions, we may get the chance to sail around the island, testing our navigational skills, before heading back across the English Channel again in the late afternoon. The return passage takes place at night and is more demanding than the previous day's sail, but we are now working well in our watches and are completely up to the challenge! We learn some night navigation to ensure that we are safe on our crossing and approach the South coast towards dawn.

Day 4: Return to Port

Coming towards the end of our voyage, we sail along the South coast, returning to our home port and dry land. We are now experienced at working the boat in different sea and wind conditions and can react to changes quickly, enabling *Musketeer* to speed through the water. Our new skills see us becoming a true 'crew' and we arrive in Poole buoyed up by our achievements!

WHAT'S INCLUDED

The tour cost includes Discover Adventure professional skipper and first mate; guidance; all sail training; all meals during the 4-day challenge, and accommodation onboard the yacht while at sea and in port. Use of lifejacket & safety harness is also included, and wet weather gear (i.e. jacket and salopettes) will be provided for those who do not have any at no extra charge – please supply your size well before departure. Please bring sailing boots and deck shoes with non-marking soles.

The tour cost does not include travel insurance, personal items or drinks while ashore, sleeping bag, soft-soled sailing shoes (no black soles) or sailing boots.

ACCOMMODATION

Accommodation is on board.

FOOD

All dinners, breakfast and lunches are included from Friday evening to Sunday lunchtime. The food is very good, it will give you lots of energy and there is plenty of it!

Dietary Requirements

Being vegetarian or having other dietary requirements is not usually a problem provided you let us know well in advance. If you know there are plenty of foods you cannot eat you may wish to bring extra snacks from home so you can top up your energy supply. Please feel free to ask us for advice.

ENJOY THE EXPERIENCE!

Trips of this nature, whether in the UK or abroad, can be unpredictable. Whether it's the wide-ranging state of public toilets, the people you come into contact with, or the weather … it's all part of the challenge you are signing up for!

We can guarantee that coming face-to-face with experiences outside your normal 'comfort zone' will help you bond with your fellow trekkers and provide you with plenty of things to laugh about! A sense of humour and sense of adventure are two of the most important things to bring with you!

VACCINATIONS

We recommend the following vaccinations:

- Tetanus (essential)

RESPONSIBLE TOURISM

Long before 'Responsible Tourism' became a recognised phrase, we designed and ran our trips to ensure they made minimum impact on the environment and a positive impact on the local communities we pass through. AITO, our Trade Association has recognised the work we do in this area and has awarded us 4 stars as a Responsible Tour Operator.

CARBON OFFSETTING

We actively encourage all our customers to offset any emissions connected with their trip. You can offset at any time in the lead-up to departure by visiting Climate Care via our website and making a donation to a worthwhile project supported by them. Alternatively, if you wish to take more

practical action you can volunteer for a day with BTCV and work on an environmental project near to where you live. Work may include construction footpaths, dry stone walling, creating wildlife habitats or planting trees in your community. Make your volunteer pledge by going to www.btcv.org/dapledge

Please contact the Discover Adventure office with any queries using the contact details below

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